








Life Enrichment Calendar

Memory Care-December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Coloring Therapy-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Life Skills-MC2 3:30 Life Skills-MCI 4:00 Hand Massages-MCI&2	2 9:30 Bingo-AR 10:45 Balloon Toss-MCI&2 1:15 Cards Club-LB 2:00 Hand Massages-MCI&2 2:30 Apple Fritters and Coffee Social-MS 4:00 Busy Hands-MCI&2
3 9:30 Exercises with Marlene-MS 10:45 Sing-a-Long-MCI&2 1:15 Cards Club-LB 2:00 Hand Massages-MCI&2 2:30 Crafts-AR 4:00 Busy Hands-MCI&2	4 9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Coloring Therapy-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Life Skills-MC2 3:30 Life Skills-MCI 4:00 Hand Massages-MCI&2 7:00 Rosary-TH	5 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Sing-s-Long-MC2 11:30 Sing-a-Long-MCI 2:15 Kitchen Hour-MCI&2 3:00 Sweet Treats-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2	6 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 1:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Creative Minds-MC2 2:30 Creative Minds-MCI 3:30 Coffee w/Friends-MCI 4:00 Hand Massages-MCI&2	7 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	8 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	9 9:00 Balloon Toss-MCI&2 9:30 Crossword Puzzle-AR 10:30 Violin Music-MCI (Entertainment Provided by Kristen M.) 1:30 Exercise w/Debbie-MS 2:15 Hand Massages-MCI&2 3:30 Christmas Showcase-MS (Anna Casseli School of Dance)
10 9:00 Hand Massages-MCI&2 10:00 Exercise w/Debbie-MS 11:00 Balloon Volley-MCI&2 1:00 Busy Hands-MCI&2 2:30 Bingo-AR 3:30 Creative Minds-MCI&2 4:00 Cards Club-AR	11 9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Coloring Therapy-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Life Skills-MC2 3:30 Life Skills-MCI 4:00 Hand Massages-MCI&2 7:00 Rosary-TH	12 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Sing-s-Long-MC2 11:30 Sing-a-Long-MCI 2:15 Kitchen Hour-MCI&2 3:00 Sweet Treats-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2	13 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 1:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Creative Minds-MC2 2:30 Creative Minds-MCI 3:30 Coffee w/Friends-MCI 4:00 Hand Massages-MCI&2	14 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:30 Music w/Bobby-MCI&2 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	15 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	16 9:30 Hand Massages-MCI&2 10:00 Bingo-AR 11:15 Hand Massages-MCI&2 1:00 Trinity Lutheran Christmas Caroling-MS 2:00 Balloon Toss-MCI&2 2:30 Baking-AR 3:00 Snacks & Trivia-AR 4:00 Busy Hands-MCI&2



Life Enrichment Calendar

Memory Care-December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 9:30 Coffee and News-AR 10:00 Decorating Christmas Cookies-AR 11:00 Hand Massages- MCI&2 2:00 Bingo-AR 3:15 Stories & Snacks-MCI&2 3:30 Cards Club-AR	18 9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Coloring Therapy-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Cards-MCI 3:30 Cards-MC2 4:00 Sing-a-Long-MCI&2 6:30 Hand Massages-MCI&2 7:00 Rosary-TH	19 9:15 Morning Walks-MCI 9:45 Morning Walks-MC2 10:30 Bingo-MC2 11:00 Sing-s-Long-MC2&MCI 2:15 Coffee/Tea Social-MCI&2 3:00 Story Time-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2	20 9:15 Morning Walks-MCI 9:45 Morning Walks-MC2 10:30 Nifty Nails-MCI&2 11:30 Hand Massages0-MCI&2 2:15 Puzzle Social-MC2&2 3:00 Coffee w/ Friends-MCI 4:00 I:I Visits-MCI&2	21 9:15 Morning Walks-MCI 9:45 Morning Walks-MC2 10:30 Crafts-MCI&2 11:00 I:I Visits-MCI&2 2:15 Cards-MCI&2 3:15 Milkshake Social-MCI&2 4:00 Hand Massages-MCI&2	22 9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Cookie Social-MCI&2-MC2 11:00 Morning Walks-MCI&2 2:15 Bingo-MCI&2 3:00 Puzzle Social-MCI&2 3:30 Cards-MC2 4:00 Sing-a-Long-MCI&2	23 9:00 Nifty Nails-AR 10:00 Balloon Volley-MCI&2 11:00 Exercise w/ Marlene-MS 2:15 Water Coloring-MCI 2:30 Making Holiday Treats-AR 3:00 Hand Massages-MCI&2
24 10:30 Christmas Eve Social-MS (Entertainment Provided by Vanessa C.) 2:30 Egg Nog Social-MS 3:00 Christmas Movie-AR	25 Merry Christmas 10:30 Enjoy Santa's Milk & Cookies-AR 11:30 Hand Massages-MCI&2 2:00 Christmas Bingo-AR 3:00 Christmas Story Telling-MCI&2 4:00 Cards Club-AR	26 9:15 Morning Walks-MCI 9:45 Morning Walks-MC2 10:30 Bingo-MC2 11:00 Sing-s-Long-MC2&MCI 2:15 Coffee/Tea Social-MCI&2 3:00 Story Time-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2	27 9:15 Morning Walks-MCI 9:45 Morning Walks-MC2 10:30 Nifty Nails-MCI&2 11:30 Hand Massages0-MCI&2 2:15 Puzzle Social-MC2&2 3:00 Coffee w/ Friends-MCI 4:00 I:I Visits-MCI&2	28 9:15 Morning Walks-MCI 9:45 Morning Walks-MC2 10:30 Crafts-MCI&2 11:00 I:I Visits-MCI&2 2:15 Cards-MCI&2 3:15 Milkshake Social-MCI&2 4:00 Hand Massages-MCI&2	29 9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Cookie Social-MCI&2-MC2 11:00 Morning Walks-MCI&2 2:15 Bingo-MCI&2 3:00 Puzzle Social-MCI&2 3:30 Cards-MC2 4:00 Sing-a-Long-MCI&2	30 9:00 Bracelet Making-AR 10:00 Balloon Volley-MCI&2 11:00 Exercise w/ Debbie-MS 1:00 Cover the Number-AR 2:15 Busy Hands-MCI 3:00 Snack & Trivia-AR 4:00 Hand Massages-MCI&2

31 9:30 Exercise with Debbie-MS 10:30 Balloon Volley-MCI&2 11:00 UNO-AR 1:00 Cover the Number-AR 2:30 New Year's Celebration-MS (Entertainment Provided by Jeff C.)
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Special Dates: Please sign your loved ones up in the activity room.

December 7th-Rochester Christmas Light Drive-Leaving at 6:30pm

December 13th-Carry out Pizza Lunch, will be served at 12noon in Theater

December 19th-Carry out Coney Island, will be served in Theater at 12noon in Theater

LOCATION KEY:
 MS: Main Street LB: Library AR: Activity Room MCI&2: Memory Care Neighborhoods
 All activities are subject to change