



# Life Enrichment Calendar

## Memory Care-October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
9:00 Hand Massages-MC2 9:30 National homemade cookie Day-AR (Making Chocolate Chip Cookies) 11:00 Balloon Volley-MCI 2:00 Uno-AR 3:00 Chocolate Cookie Social-MS 4:00 Story Time-MCI&2	9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Music by Charlene-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Life Skills-MC2 3:30 Life Skills-MCI 4:00 Hand Massages-MCI&2 7:00 Rosary-TH	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Sing-s-Long-MC2 11:30 Sing-a-Long-MCI 2:15 Kitchen Hour-MCI&2 3:00 Sweet Treats-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 1:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Creative Minds-MC2 2:30 Creative Minds-MCI 3:30 Coffee w/Friends-MCI 4:00 Hand Massages-MCI&2	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Coloring Therapy-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Life Skills-MC2 3:30 Life Skills-MCI 4:00 Hand Massages-MCI&2	9:30 Exercises with Debbie-MS 10:45 Sing-a-Long-MCI&2 1:15 Cards Club-LB 2:00 Hand Massages-MCI&2 2:30 Crafts-AR (Haunted House part I) 4:00 Busy Hands-MCI&2
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
9:30 Exercises with Debbie-MS 10:30 Coffee and Current Events-AR 11:00 Story Time-MCI&2 2:15 Crossword Puzzle-AR 3:00 Busy Hands-MCI&2 4:00 Cards-AR	9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Music by Charlene-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Life Skills-MC2 3:30 Life Skills-MCI 4:00 Hand Massages-MCI&2 7:00 Rosary-TH	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Sing-s-Long-MC2 11:30 Sing-a-Long-MCI 2:15 Kitchen Hour-MCI&2 3:00 Sweet Treats-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 1:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Creative Minds-MC2 2:30 Creative Minds-MCI 3:30 Coffee w/Friends-MCI 4:00 Hand Massages-MCI&2	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	9:00 Crossword Puzzles-AR 10:30 Violin with Kristen-MCI 11:15 Cards-AR 1:00 Hand Massages-MCI&2 2:00 Bingo-AR 3:00 Coffee & Cookies-AR 3:30 Hand Massages-MCI& MC2
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
9:00 Hand Massages-MCI&2 10:00 Crossword Puzzles-AR 11:15 Balloon Volley-MCI&2 2:00 Fall Crafts-AR 3:15 Creative Minds-MCI&2 4:00 Cards Club-AR	9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Music by Charlene-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Life Skills-MC2 3:30 Life Skills-MCI 4:00 Hand Massages-MCI&2 7:00 Rosary-TH	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Sing-s-Long-MC2 11:30 Sing-a-Long-MCI 2:15 Kitchen Hour-MCI&2 3:00 Sweet Treats-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Music w/ Bobby G-MCI 2:15 Kitchen Hour-MCI&2 3:00 Sweet Treats-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2	9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	9:00 Exercises with Marlene-MS 10:00 Nifty Nails-AR 11:00 Patio Visits-CP 1:00 Card Club-AR 2:00 Bingo-AR 3:00 Donuts and Cider-MS 4:00 Hand Massages-MCI&2



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b> 10:00 Exercise in Main Street-MS 11:00 Hand Massages-MCI&2 1:00 Fall walks 2:00 Story Time-MCI&2 2:30 Sing-a-Long-MS 3:45 Hot Chocolate Social-MS	<b>23</b> 9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Coloring Therapy-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Life Skills-MC2 3:30 Life Skills-MCI 4:00 Hand Massages-MCI&2 7:00 Rosary-TH	<b>24</b> 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MC 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	<b>25</b> 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Sing-s-Long-MC2 11:30 Sing-a-Long-MCI 2:15 Kitchen Hour-MCI&2 3:00 Sweet Treats-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2	<b>26</b> 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 2:15 Creative Minds-MC2 2:30 Creative Minds-MCI 3:00 Coffee w/ Friends-MC2 3:30 Coffee w/Friends-MCI 4:00 Hand Massages-MCI&2	<b>27</b> 9:15 Balloon Volley-MC2 9:30 Balloon Volley-MCI 10:00 Coloring Therapy-MC2 10:30 Coloring Therapy-MCI 2:15 Pamper Hour-MC2 2:30 Pamper Hour- MCI 3:00 Life Skills-MC2 3:30 Life Skills-MCI 4:00 Hand Massages-MCI&2	<b>28</b> 9:30 Exercises with Debbie-MS 10:45 Sing-a-Long-MCI&2 1:15 Cards Club-LB 2:00 Hand Massages-MCI&2 2:30 Joe Armijo in MS 4:00 Busy Hands-MCI&2
<b>29</b> 9:00 Apple Sauce Making-AR 10:00 Balloon Toss-MCI&2 11:00 Exercises with Debbie-MS 2:00 Hand Massages-MCI &2 3:00 Warm Apple Sauce & Ice Cream Snack-AR 4:00 Card Sharks-AR	<b>30</b> 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Brain Fitness-MC2 11:30 Brain Fitness-MCI 2:15 Sing-a-Long-MC2 2:30 Sing-a-Long-MCI 3:00 Snack & Trivia-MC2 3:30 Snack & Trivia-MCI 4:00 Hand Massages-MCI&2	<b>31</b> 9:15 Exercise Group-MC2 9:30 Hydration Cart-MC2 10:00 Exercise Group-MCI 10:30 Hydration Cart-MCI 11:00 Sing-s-Long-MC2 11:30 Sing-a-Long-MCI 2:15 Kitchen Hour-MCI&2 3:00 Sweet Treats-MCI&2 3:30 Nifty Nails-MCI&2 4:00 Hand Massages-MCI&2				

**Special Dates:** Please sign your loved ones up in the activity room.

**October 4<sup>th</sup>- Cider Mill Outing- Leaving at 1:30PM**

**October 11<sup>th</sup>- Red Robing- Leaving at 11:30am**

**October 17<sup>th</sup>- Nature Drive- Leaving at 1:30pm**

**October 25<sup>th</sup>- Olive Garden- Leaving at 11:30am**

**LOCATION KEY:** MS: Main Street AR: Activity Room MCI&2: Memory Care Neighborhoods LB: Library TH: Theater CP: Cover Patio  
**All activities are subject to change**

