

MDI Notes

Preparing for the Fall/Winter

Now that Fall/Winter weather is here, we ask that you rotate your loved one's clothing out of the closet and provide appropriate items. This enables us to help our residents be comfortable in the fluctuating temperatures in Fall/Winter months.

Maintenance Corner

As a reminder, when a room is vacated, all belongings are to be removed by the families, as we do not have the amenities to dispose of your personal items. Thank you for your cooperation and understanding.

Services we offer

We continue to strive to make living at My Doctor's Inn as convenient as possible for the residents and their families. Please note that house-call physicians are available for internal medicine, dermatology, psychiatry, podiatry, dental care, hearing aids and physical and occupational therapy. You can contact the nursing office for more

Halloween Candy!!

We are taking candy donations for our Halloween Party. Our event will take place on October 26th from 6-8pm! The Residents will be handing out candy to all the little ones that come. Any donations of candy are greatly appreciated and can be dropped in the activity office.



Meet our Staff:

Aida Moussa, Executive Director
Anna Maria Russo, Assistant Director
Rebecca Holland, Director of Resident Care
Nikki Mason, Director of Community Relations
Matt Sheff, Director of Community Outreach
Carolina Baeza, Director of Life Enrichment
LaMarr Thomas, Director of Dining Services
David Bungard, Director of Maintenance
Desiree Rasberry, Administrative Assistant

Thank You

We would like to thank everyone that made donations to our awesome school supply drive! There are so many kids in need of help, we need to help them get ready to become the future of this country.

Help Need it!

We are adopting a new cause every month. For the month of September we are helping our friends at "Lucky Paws Rescue" this awesome organization needs our help with some items.

When a doggie is rescue from either a kill shelter or someone surrender a doggie to the rescue, they need some items to go to a foster home. List of items are:

- ◆ Pet Beds
- ◆ Dog Collars
- ◆ Pet Training Pads
- ◆ Dog Harness
- ◆ Dog Toys
- ◆ Blankets
- ◆ Any pet store gift card to buy dog food



My Doctor's Inn

Main Street

Gazette September 2018



As a unique community, our mission is to serve our seniors with dignity, respect and personalized care along with developing a culture that supports their independence, empowers their individuality and creates a home where they feel honored and loved.

Being the best... is doing what is RIGHT

RESPECT - Showing respect for others is one of the most important values in the world. Being respectful is an essential element to becoming the best person you can be.

INTEGRITY -Is a personal choice based on actions, values, morals and ideals. Doing what is right, for the right reasons, whether or not anyone will know.

GOING ABOVE AND BEYOND - Doing what is expected can make you valuable. Going above and beyond makes you exceptional.

HUMILITY -Consciously making an honorable choice to forgo our own status and put the wellbeing of others before ourselves so that we can provide selfless service to humanity.

TEAMWORK - Coming together is a beginning, staying together is progress, working together is success!



Associate of the Month

Telitha Mayors

Telitha is a Superb Supervisor... Telitha has always gone above and beyond with her residents and the families and residents all love her. Telitha has consistently gone above and beyond in being a team player and is always stepping in to assist in ensuring all shifts are covered. We appreciate you Telitha!!



**It's that time of year again for our
annual flu vaccines at My Doctor's Inn**

We highly encourage all of our residents to receive the flu vaccine yearly to protect themselves. The elderly population are at risk for severe complications from the flu; like dehydration, weakness and other symptoms that could lead to hospitalization.

The annual flu vaccine will be administered the second week of October by the nursing staff, the deadline for consents need to be completed by October 5th, 2018. If interested, we ask Authorized Representative/ Resident to please stop at the front desk and sign a consent form with our Receptionist.

Thank you for helping us protect our residents!

Early symptoms of dementia

Although the early signs vary, common early symptoms of dementia include:

- memory problems, particularly remembering recent events
- increasing confusion
- reduced concentration
- personality or behavior changes
- apathy and withdrawal or depression
- loss of ability to do everyday tasks.

Sometimes, people fail to recognize that these symptoms indicate that something is wrong. They may mistakenly assume that such behavior is a normal part of the aging process. Symptoms may also develop gradually and go unnoticed for a long time.

Things to remember

- The early signs of dementia are very subtle and vague and may not be immediately obvious.
- Although the early signs of dementia vary, there are some common early symptoms.
- If the person affected has several of the ten warning signs of dementia, consult a doctor for a complete assessment.
- Your doctor may use six broad types of medical assessments to help to confirm or rule out a diagnosis of dementia.



Monthly Birthdays!

We wish the following residents a wonderful birthday month and an upcoming year filled with many blessings!

- Ronny R.-September 5th
- Helen O.- September 9th
- Veronica G.- September 11th
- Gasper P.-September 13th
- Raquel O.- September 19th
- Martha Mc.- September 24th
- Rickie R.- September 24th
- James P.- September 27th

Please join us for our Monthly Birthday Party on September 20th, at 10:30am. Entertainment provided by Joel P.

Resident of the Month



Rosemary was born in Detroit, the oldest of 4 children. After graduation from high school, she worked in an office and then met and married Richard. Known as Dick and Rosy, they had 5 children, before the age of 30. Rosemary was a generous, dedicated, optimistic and loving mother during their childhood. The family had exceptional vacations, including a cabin up north, and travelled all over this beautiful country. Rosemary also enjoyed being a den mother for cub scouts, and sold Avon to family and friends. Later in her life Rosemary sold a line of women's clothing for extra income (for about 20 years).

Rosemary liked nice things, and kept a beautiful home. But, sadly, her husband passed away when Rosemary was in her 40's. Although things were difficult for a while, mother just worked harder, until things smoothed out. She won many fabulous trips to island resorts from being a stellar saleswoman. When the clothing company folded, she became successful selling lovely furniture.

Over the years, Rosy and her daughter discovered a love for travel, and they paired up for a few awesome trips abroad, including: Hawaii, western Europe and Morocco, Baltic Europe and Russia, and Egypt. She also went to Italy and Israel on pilgrimages, to honor her Catholic faith.

Rosemary never re-married, but always had a close circle of friends. She joined a widow's group for several years, and then had tons of fun with the Red Hat ladies. She loved to read, watch movies, grow a pretty garden, go shopping, powerwalk and volunteer at church! She's a strong, independent woman, and lived her life fully! Congratulations Rosemary!