

My Doctor's Inn

Main Street

Gazette September 2017



Is your Loved One a Wartime Veteran or Surviving Spouse?

The Aid and Attendance Benefit is a tax free pension benefit that was created for eligible war-time Veterans and their surviving spouses to help pay for Assisted Living or Nursing Home Care. Each Veteran may be eligible for up to \$2,120 per month. The documentation to apply is overwhelming and confusing, so contact Kim Briley, Director of Community Relations, to get information on how to get free help qualifying and submitting an application for the benefit.

Meet our Staff:

Aida Moussa, Executive Director
Anna Maria Russo, Assistant Director
Rebecca Holland, Director of Resident Care
Kim Briley, Director of Community Relations
Kathy Hassell, Director of Memory Care
LaMarr Thomas, Director of Dining Services
David Bungard, Director of Maintenance
Carolina Baeza, Director of Life Enrichment
Nikeshia Mason, Administrative Assistant
Desiree Rasberry, Staffing Coordinator

As a unique doctor-owned community, our mission is to serve our seniors with dignity, respect and personalized care along with developing a culture that supports their independence, empowers their individuality and creates a home where they feel honored and loved.

Being the best... is doing what is RIGHT

RESPECT - Showing respect for others is one of the most important values in the world. Being respectful is an essential element to becoming the best person you can be.

INTEGRITY -Is a personal choice based on actions, values, morals and ideals. Doing what is right, for the right reasons, whether or not anyone will know.

GOING ABOVE AND BEYOND - Doing what is expected can make you valuable. Going above and beyond makes you exceptional.

HUMILITY -Consciously making an honorable choice to forgo our own status and put the wellbeing of others before ourselves so that we can provide selfless service to humanity.

TEAMWORK - Coming together is a beginning, staying together is progress, working together is success!

Associate of the Month

Precious Flowers

Team Work

Precious always comes to work with a gracious smile and has so much compassion for our residents. Precious is a team player and is always willing to help out her coworkers and management when it comes to scheduling. Precious is an asset to our midnight team and we love having her here at MDI. Congratulations Precious!

Director of the month

Carolina Baeza

Resident Nomination, written by

Chuck Y.

Carolina is outstanding in her field. She has wonderful ideas and fun things to do. The last major program she got all wet, but survived the thunder storm at effort. Lets keep her around! Congratulations Carolina!

MDI Notes

Preparing for the Fall/Winter

Now that Fall/Winter weather is here, we ask that you rotate your loved one's clothing out of the closet and provide appropriate items. This enables us to help our residents be comfortable in the fluctuating temperatures in Fall/Winter months.

Maintenance Corner

As a reminder, when a room is vacated, all belongings are to be removed by the families, as we do not have the amenities to dispose of your personal items. Thank you for your cooperation and understanding.

Halloween Candy!!

We are taking candy donations for our Halloween Party. Our event will take place on October 27th from 6-8pm! The Residents will be handing out candy to all the little ones that come. Any donations of candy are greatly appreciated and can be dropped in the activity office.

Carolina Baeza
Life Enrichment Director
586-229-5959



Early symptoms of dementia

Although the early signs vary, common early symptoms of dementia include:

- memory problems, particularly remembering recent events
- increasing confusion
- reduced concentration
- personality or behavior changes
- apathy and withdrawal or depression
- loss of ability to do everyday tasks.

Sometimes, people fail to recognize that these symptoms indicate that something is wrong. They may mistakenly assume that such behavior is a normal part of the aging process. Symptoms may also develop gradually and go unnoticed for a long time.

Things to remember

- The early signs of dementia are very subtle and vague and may not be immediately obvious.
- Although the early signs of dementia vary, there are some common early symptoms.
- If the person affected has several of the ten warning signs of dementia, consult a doctor for a complete assessment.
- Your doctor may use six broad types of medical assessments to help to confirm or rule out a diagnosis of dementia.
- Some people might resist going to the doctor for a medical assessment but there are several strategies that can help to make this process easier.

WARNING

Resident of the Month



Virginia Wills was born on December 23, 1932 in Detroit Michigan in her grandparents house. She is the middle child of Stella and Joseph Ochala. She grew up in Hamtramack but spent a lot of time in Manistee. As a young girl she liked to play outside with the boys and always called herself a “tom boy”. She belong to the Polish Scouting organization. After graduating from East Commerce High School Virginia went to work for Fisher Body as a book keeper. She bought a race car and her soon to be husband raced it. After getting married, They moved to Mt. Clements where her son Kevin was born. Three years later her daughter Elana was born and the family moved to Utica/Shelby Township and they were a residents there for 55 years. After, her second daughter Cheryl was born she left Fisher Body to stay home with the children even though she really wanted to have a career; however, that was unheard of in those days! Virginia, being the go-getter she was, joined the Girl Scouts with her daughters and became a leader and Service Unit Manager for the Sheltica area. She was a Girl Scout volunteer for over 25 years. She also started to volunteer in the library and cafeteria of Disco Elementary School. This volunteer position soon became a paid position and she worked in the Utica community schools for 40 years as a lunch room aide, latch key teacher and crossing guard for Monfort and Oakbrook schools. Even though Virginia retired a few years ago, she still worked as a crossing guard until last year. She has 6 grand children and 1 great grand child, whom she love tremendously! Congratulations Virginia!

It's that time of year again for our annual flu vaccines at My Doctor's Inn

We highly encourage all of our residents to receive the flu vaccine yearly to protect themselves. The elderly population are at risk for severe complications from the flu; like dehydration, weakness and other symptoms that could lead to hospitalization.

The annual flu vaccine will be administered near the end of September by the nursing staff, the deadline for consents need to be completed by September 27th, 2017. If interested, we ask Authorized Representative/ Resident to please stop at the front desk and sign a consent form with our Receptionist.

Thank you for helping us protect our residents!

Monthly Birthdays!

We wish the following residents a wonderful birthday month and an upcoming year filled with many blessings!

Ronny R.-September 5th
Helen O.– September 9th
Veronica G.– September 11th
Virginia G.– September 20th
JC L.– September 20th
Malcolm C.– September 21st

Please join us for our Monthly Birthday Party on Main Street, September 8th at 2:30pn, entertainment provided by Andy Desso.