

# My Doctor's Inn

**Main Street  
Gazette  
June 2022**



## **Meet our Staff:**

Aida Moussa, Director of Operations  
Rebecca Holland, Executive Director  
Nikki Mason , Director of Community Relations  
Desiree Rasberry, Assistant Director of Operations  
LaMarr Thomas, Director of Dining Services  
David Bungard, Senior Maintenance Director  
Angela Martin, Director of Life Enrichment

## **Associate of the Month**



Let's congratulate Val on becoming our associate of the month. She is a very important part of our team

here at My Doctor's Inn. Her team works shows on a daily basis, as she is always willing to help everyone. She greets everyone who comes though the door with a smile.

We are grateful to have Val be an essential member to our M.D.I family.

Congratulations Val! Keep up the good work!

As a unique community, our mission is to serve our seniors with dignity, respect and personalized care along with developing a culture that supports their independence, empowers their individuality and creates a home where they feel honored and loved.

**Being the best... is doing what is RIGHT**

**RESPECT** - Showing respect for others is one of the most important values in the world. Being respectful is an essential element to becoming the best person you can be.

**INTEGRITY** -Is a personal choice based on actions, values, morals and ideals. Doing what is right, for the right reasons, whether or not anyone will know.

**GOING ABOVE AND BEYOND** - Doing what is expected can make you valuable. Going above and beyond makes you exceptional.

**HUMILITY** -Consciously making an honorable choice to forgo our own status and put the wellbeing of others before ourselves so that we can provide selfless service to humanity.

**TEAMWORK** - Coming together is a beginning, staying together is progress, working together is success!



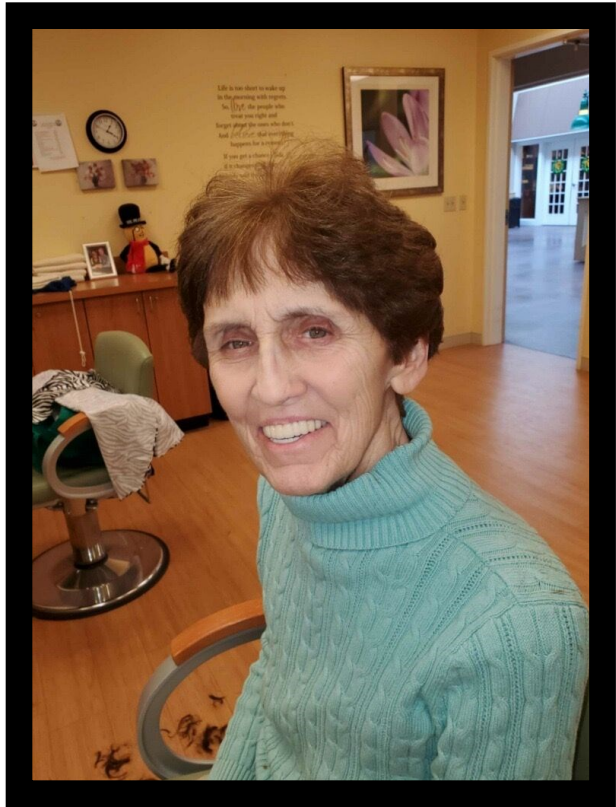
**We wish the following residents a wonderful birthday month and an upcoming year filled with many blessings!**

Virginia W.	June 3rd
Robert M.	June 6th
Earl K.	June 8th
Thomas D.	June 10th
Denis C.	June 12th
Arlene E.	June 21st
Ruth Ann A.	June 26th
Arthur M.	June 30th



### Resident of the Month

Linda Mann was born April 4, 1949. Linda is a retired register nurse for over 25 years. She enjoyed her career throughout the health care system. Helping patients had always been her passion. She enjoyed vacationing in the Port Austin area every summer with her family and close friends. Once retired she was able to have time for herself. She has 7 children and numerous grandchildren. She is a no nonsense kind of gal. She can adapt to any situation and pretty much any personality. She had a cat named Shadow. When becoming diagnosed with Dementia, the cat gave her a responsibility she desperately missed. And also a live companion. Sadly she could no longer care for Shadow and we were able to find her a home within the family. She is very proud of he life and family. Now a days she is enjoying life and all the new friends that is has made at My Doctor's Inn. She enjoys music and exercise and helping in the garden. She is sweet loving woman. Let's take the time to Congrats Linda on being chosen for Resident of the Month.



### Early Symptoms of Dementia

- Although the early signs vary, common early symptoms of dementia include:
- Memory problems, particularly remembering recent events.
  - Increasing confusion
  - Reduced concentration
  - Personality or behavior changes
  - Apathy and withdrawal or depression
  - Loss of ability to do everyday tasks

Sometimes people fail to recognize that these symptoms indicate that something is wrong. They may mistakenly assume that such behavior is a normal part of the aging process. Symptoms may also develop gradually and go unnoticed for a long time.

### Things to Remember

- The early signs of dementia are very subtle and vague and may not be immediately obvious.
- Although the early signs of dementia vary, there are some common early symptoms.
- If the person affected has several of the ten warning signs of dementia, consult a doctor for a complete assessment.
- Your doctor may use broad types of medical assessment to help to confirm or rule out a diagnosis of dementia.
- Some people might resist going to the doctor for a medical assessment but there are several strategies that can help to make this process easier.

