



Life Enrichment Calendar


November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Exercises on Main Street -MS 10:30 Cinnamon Lattes-AR 1:00 Walking Club 2:00 5 Card Bingo-AR 3:15 World Orange Day-AR 4:00 First One Out-AR	2 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 National Deviled Egg Day-AR (Making Deviled Eggs) 1:00 Walking Club 2:30 Catholic Mass-TH	3 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Around the Clock-AR 1:00 Walking Club 1:45 World Sand Day-AR (Array of sandwiches to taste) 3:00 Bible Study-LB	4 9:30 This Day in History-MS 10:00 Exercises on Main Street 1:00 Walking Club 2:00 Word Scramble-AR 3:15 National Candy Day-AR	5 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 National Jersey Day-AR 1:00 Walking Club 2:00 Bingo-TH 3:00 Cards Club-AR	6 9:30 Exercise on Main Street-MS 10:30 Rosary-AR 10:45 Rosary-MC 1-2 11:30 Hand Massages-MC1-2 2:00 UNO/Skip Bo-AR 3:45 Fanta Floats-MC/AL
7 9:30 Exercise on Main Street-MS 10:30 Black or Red-AR 10:45 Hydration on MS-MS 11:30 Hand Massages-MC1-2 2:00 UNO/Skip Bo-AR 3:45 Popcorn Cart-AL/MC1-2	8 9:30 Exercises on Main Street -MS 10:30 Keep up with your Brain-AR 1:00 Walking Club 2:00 5 Card Bingo-AR 3:15 Cappuccino Tasting-AR 4:00 First One Out-AR	9 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Hangman-AR 1:15 Walking Club 2:00 Winter Crafts-AR 3:30 Cards Club-AR	10 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 National Vanilla Cupcake Day-AR 1:15 Walking Club 1:45 Nifty Nails-AR 3:00 Bible Study-LB	11 9:30 This Day in History-MS 10:00 Exercises on Main Street 1:00 Walking Club 2:00 Veterans Day Celebration-MS 3:15 Thankful Social-MS	12 9:30 Exercise on Main Street-MS 10:30 First One Out-AR 1:00 Afternoon Walks 2:00 Bingo-TH 3:15 Chips & Salsa-MS	13 9:30 Exercise in Main Street 10:15 Rosary-AR 11:00 World Kindness Day/Part 1-AR 1:00 Walking Club 2:00 World Kindness Day/Part 2-AR 3:00 Snacks & Hydration-AR
14 9:30 Exercise on Main Street-MS 10:30 National Pickled Day-AR (Pickle Tasting) 1:00 Walking Club 2:00 Movie & Popcorn-AR 4:00 Cards Club-AR	15 9:30 Exercises on Main Street 10:30 Trivia & Coffee-AR 1:00 Nifty Nails-AR 1:30 Dice Bingo-AR 3:00 Sundaes on Mondays-MS	16 9:30 Exercise on Main Street -MS 10:30 Sing-along-MS 1:00 Walking Club 2:00 History of McDonald's-AR 3:30 Snack & Hand Massages-AR	17 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Baking w/Friends-AR 1:15 Outdoor Walks-O 2:00 Story & Scramble-AR 3:00 Bible Study-LB	18 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 10:45 Mickey Mouse Bday-MS 1:00 Walking Club 2:30 Music on Main Street-MS (Music Provided by Wayne B.) 4:00 Cards Club-AR	19 9:30 Exercise on Main Street-MS 10:30 First one Out--AR 1:15 Walking Club 2:00 Bingo-TH 3:15 Popcorn Social-MS	20 9:30 Exercise on Main Street-MS 10:30 Rosary-AR 10:45 Rosary-MC 1-2 11:30 Hand Massages-MC1-2 2:00 Crafts-AR 3:45 Root Beer Floats-MC/AL



Life Enrichment Calendar

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 9:30 Exercise on Main Street-MS 10:30 Rosary-AR 10:45 Cookies & Coffee-AR 11:30 Hand Massages-MC1-2 2:00 Around the Clock-AR 3:45 Popcorn Cart-AL/MC1-2	22 9:30 Exercise on Main Street 10:15 Baking w/Friends-AR (Chocolate Lava Cake) 2:00 Bingo-TH 3:15 Chocolate Cake a la Mode-MS 4:00 Cards Club-AR	23 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Making Cranberry Sauce-AR 1:00 Walking club 2:00 Healthy Hour-AR (Benefits of Cranberries) 3:00 Uno-AR	24 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Left, Center, Right-AR 1:00 Walking Club 2:00 Crafts-AR 3:00 Bible Study-LB	25 9:30 Exercises on Main Street 10:30 Roll a Turkey-AR 11:15 Hand Massages-MC1-2 1:15 Uno-AR 2:00 Charlie Brown Thanksgiving-AR 	26 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 1:15 Walking Club 2:00 Bingo-TH 3:45 Smoothies on Main Steet-MS	27 9:30 Exercise in Main Street 10:15 Rosary-AR 11:00 Hydration & Trivia-AR 1:00 Walking Club 2:00 Brain Games-AR 3:00 Snacks & Hydration-AR
28 9:30 Exercise on Main Street-MS 10:30 Cookies & Coffee-AR 10:45 Making Fruit Salad-AR 1:15 Waking Club 2:00 Movie & Snack-AR 3:15 Fruit Salad Snack-AR	29 9:30 Exercise on Main Street 10:30 Horse Racing-MS 2:00 Bingo-TH 3:15 Snack & Reminisce-AR 4:00 Cards Club-AR	30 9:30 Exercise in Main Street-MS 10:30 Nifty Nails-AR 1:15 Walking Club 2:00 N. Mason Jar Day-AR 3:00 Word Game-AR				

Please help us in wishing the following residents a very happy birthday!

Les P. November 1st
Mark P. November 5th
Rita G. November 9th
Phyllis H. November 18th

* MS: Main Street LB: Library AR: Activity Room CP: Cover Patio O: Outdoors
 *All activities are subject to change