






Life Enrichment Calendar

January 2022

:9Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						9:00 Hand Massages-MC1/MC2 10:00 Word Games-AR 2:00 UNO/Skip Bo-AR 3:00 Balloon Toss-MC1-2 3:45 Milkshake Cart-AL/MC
2	3	4	5	6	7	8
9:30 Exercise on Main Street-MS 10:30 Black or Red-AR 11:30 Hand Massages-MC1-2 2:00 UNO/Skip Bo-AR 3:45 Popcorn Cart-AL/MC1-2	9:30 Exercises on Main Street -MS 10:30 Easy Baking-AR (Chocolate Covered Cherry Day) 1:00 Walking Club 2:00 5 Card Bingo-AR 3:15 Sweet Social-AR 4:00 First One Out-AR <i>“National Chocolate Covered Cherry”</i>	9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Hydration & Trivia-MS (National Trivia Day) 1:15 Walking Club 2:00 Crafts-AR 3:30 Cards Club-AR <i>“National Trivia Day”</i>	9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Around the Clock-AR 1:15 Walking Club 1:45 Winter Crafts-AR (Sock Snowman) 3:00 Bible Study-LB	9:30 This Day in History-MS 10:00 Catholic Communion-AR 11:00 Hydration & Snacks-MS 1:00 Walking Club 2:00 Nifty Nails-AR 3:15 Coffee & Sweets-AR	9:30 Exercise on Main Street-MS 10:30 First One Out-AR 1:00 Afternoon Walks 2:00 Bingo-TH 3:15 Popcorn Social-AR	9:30 Balloon Toss-MC1-2 10:15 Elvis Trivia-MS (Elvis Birthday) 11:00 Hand Massages-MC1-2 1:15 Elvis Movie-AR (Blue Hawaii) 3:00 Elvis Snack-AR/MC (Peanut Butter & Banana Sand.) <i>“Elvis Birthday”</i>
9	10	11	12	13	14	15
9:30 Catholic Mass-AR 11:00 Catholic Communion-AL/MC1-2 1:00 Walking Club 2:00 Movie & Popcorn-AR 4:00 Snacks Cart-MC1-2	9:30 Exercises on Main Street 10:30 Trivia & Coffee-AR 1:00 Walking Club 1:30 Brain Games-AR 3:00 Around the Clock-AR	9:30 Exercise on Main Street -MS 10:30 First One Out-AR 1:00 Walking Club 2:00 Hangman-AR 3:30 USA Trivia-AR	9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Making Hot Toddlies-AR (National Hot Toddlies Day) 2:00 Hot Toddy Social & Trivia-AR 3:00 Bible Study-LB <i>“National Hot Toddy Day”</i>	9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 10:45 Uno-AR 1:00 Walking Club 2:30 Cards-AR 3:00 Smoothie Treat-AR	9:30 Exercise on Main Street-MS 10:30 First one Out--AR 1:15 Walking Club 2:30 Music on Main Street-MS (Music by Joe Armijo)	9:30 Exercise on Main Street-MS 10:30 Rosary-AR 2:00 Bagel Social & Trivia-AR (National Bagel Day) 3:45 Cards Club-AR <i>“National Bagel Day”</i>



Life Enrichment Calendar

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:30 Exercise on Main Street-MS 10:45 Fruit Pizza Making-AR 2:00 Around the Clock-AR 3:00 Sweet Social & Reminisce-AR	17 9:30 Exercise on Main Street 10:15 Hydration & Trivia-MS 2:00 Crafts-AR (Lavender Salt Scrub) 3:15 Coffee and Cookies-AR 4:00 Cards Club-AR	18 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Black or Red-MS 1:00 Walking club 2:00 Nifty Nails-AR 3:00 Uno-AR	19 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Left, Center, Right-AR 1:00 Walking Club 2:00 Popcorn Social & Facts-AR 3:00 Bible Study-LB <p style="text-align: center;">“National Popcorn Day”</p>	20 9:30 This Day in History-MS 10:00 Catholic Communion-AR 10:30 National Penguin Day-AR 2:30 Music on Main Street-MS (Featuring Bobby G.) <p style="text-align: center;">“National Penguin Day”</p>	21 9:30 Exercises on Main Street 10:30 Hydration & Trivia-MS 1:15 Uno-AR 2:00 5 Card Bingo-AR 3:00 Float Social-AR	22 9:30 Balloon Toss-MC1-2 10:30 Exercise on Main Street-MS 1:30 Resident Pick-AR 2:15 Hand Massages-MC1-2 3:00 Snack Cart-AL/MC1-2
23 9:30 Catholic Mass-AR 11:00 Catholic Communion-AL/MC1-2 1:00 Walking Club 2:00 Movie & Popcorn-AR 4:00 Snacks Cart-MC1-2	24 9:30 Exercise on Main Street 10:30 Hydration & Snack-MS 2:00 Nifty Nails-AR 3:15 National Compliment Day-AR (Complement Another Human) 4:00 Cards Club-AR <p style="text-align: center;">“National Compliment Day”</p>	25 9:30 Exercise in Main Street-MS 10:30 Irish Coffee Social-AR (National Irish Coffee Day) 1:15 Walking Club 2:00 Horse Race-AR 3:00 Word Game-AR <p style="text-align: center;">“National Irish Coffee Day”</p>	26 9:30 This Day in History-MS 10:00 Exercise in Main Street-MS 11:00 Left, Center, Right-AR 1:00 Walking Club 2:00 Brain Game-AR 3:00 Bible Study-LB	27 9:30 Exercises on Main Street 10:30 No Bake Baking-AR (Chocolate Oatmeal Cookies) 1:15 Uno-AR 2:00 Sweet Treat Social-AR 3:00 Cards Club-AR	28 9:30 Exercise on Main Street-MS 10:30 First One Out-AR 1:00 Afternoon Walks 2:00 Bingo-TH 3:15 Popcorn Social-AR	29 9:30 Exercise on Main Street-MS 10:30 Rosary-AR 1:30 Resident Choice Movie-AR 3:45 Cards Club-AR
30 9:30 Exercise on Main Street-MS 10:45 Left, Center, Right-AR 2:00 Around the Clock-AR 3:00 Music Documentary-AR (Frank Sinatra, All or Nothing at all)	31 9:30 Exercises on Main Street 10:30 Trivia & Coffee-AR 1:00 Walking Club 2:00 Brain Games-AR 3:00 National Hot Chocolate Day-AR <p style="text-align: center;">“National Hot Chocolate Day”</p>	<p>Please help us in wishing the following residents a very happy birthday!</p> <p> George C.-January 6th Ann C. -January 7th Donna Z.-January 13th Ahmad Z.-January 20th Eric C.-January 21st Sandra J.-January 28th </p> <p> *MS: Main Street LB: Library AR: Activity Room CP: Cover Patio O: Outdoors *All activities are subject to change </p>				