

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

				9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Crossword on Mainstreet 1:30pm Walk Fitness	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Word Search on Mainstreet 1:30pm Movies (AR)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Word Search on Mainstreet 1:30pm Movies (AR)
				New Year's Day		
9:00am Mingle with Friends 9:30am Chair Fitness (AR) 10:30am Rosary (AR) 11:00am Crosswords on Mainstreet (MS) 2:00pm Movies (AR)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Movies and Trivia on Movie (AR) 1:30pm Sundaes on Monday (MS)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Crafts (AR) 11:30am Lunch Bunch (AR)McDonald's 1:30pm Relax and Coloring	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Krispy Kreme and Talk (AR) 1:30pm Nail Care (AR)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Residents Choice 1:30pm Walk Fitness	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Snacks and Facts 1:30pm Happy Hour and Bingo (MS)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Word Search on Mainstreet 1:30pm Movies (AR)
9:00am Mingle with Friends 9:30am Chair Fitness (AR) 10:30am Rosary (AR) 11:00am Crosswords on Mainstreet (MS) 2:00pm Movies (AR)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Movies and Trivia on Movie (AR) 1:30pm Sundaes on Monday (MS)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Crafts (AR) 1:30pm Relax and Coloring	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Outing Shopping (Target) 1:30pm Nail Care (AR)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Residents Choice 1:30pm Walk Fitness	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Snacks and Facts (AR) 1:30pm Happy Hour and Bingo (MS)	9:00am Mingle with Friends 10:00am Outing Brunch Three Cats 10:00am Chair Fitness (AR) 11:00am Word Search on Mainstreet 1:30pm Movies (AR)
9:00am Mingle with Friends 9:30am Chair Fitness (AR) 10:30am Rosary (AR) 11:00am Crosswords on Mainstreet (MS) 2:00pm Movies (AR)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Facts about Martin Luther King (AR) 1:30pm MLK day Social	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Crafts (AR) 11:30am Lunch Bunch (AR)House of Chan 1:30pm Relax and Coloring	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Cookies and Coffee (AR) 1:30pm Nail Care (AR)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 1:30pm Walk Fitness 6pm Family Game Night (Drinks& Snacks Games) Contact Brittany for Details!	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Snacks and Facts (AR) 1:30pm Happy Hour and Bingo (MS)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Word Search on Mainstreet 1:30pm Movies (AR)
9:00am Mingle with Friends 9:30am Chair Fitness (AR) 10:30am Rosary (AR) 11:00am Crosswords on Mainstreet (MS) 2:00pm Movies (AR)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Movies and Trivia on Movie (AR) 1:30pm Sundaes on Monday (MS)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Crafts (AR) 1:30pm Relax and Coloring	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Cookies and Coffee (AR) 1:30pm Nail Care (AR) 4:30pm Outing Dinner Outback	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Residents Choice 1:30pm Walk Fitness	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Snacks and Facts (AR) 1:30pm Happy Hour and Bingo (MS)	9:00am Mingle with Friends 10:00am Chair Fitness (AR) 11:00am Word Search on Mainstreet 1:30pm Movies (AR)

Martin Luther King Jr. Day

Australia Day (Observed)

Address 8384 Metro Parkway Sterling Heights MI 48312 586-619-8132